



REVIVAL GRACE
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Understanding Prayer and Fasting

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Suggested Prayer Program for a Fifteen-Minute Retreat

These are suggested prayer topics; you can use them during your free time.

A. IN THE MORNING

Prayer points for a fifteen-minute prayer session:

- **First minute:** Give thanks for the night, the new day, and the good work the Lord has preplanned for that day.
- **Second minute:** Dedicate yourself to the Lord and ask to be guided by the Spirit's wisdom throughout the day.
- **Third minute:** Ask for daily necessities such as food, transportation, and paying bills.
- **Fourth minute:** Entrust your body, life, job, finances, emotions, mind, and will to His protection. Pray for the safety of your loved ones from all forms of harm—accidents, fire, snakebites, theft, and illnesses.
- **Fifth minute:** Pray for your job and everything that's happening and will happen there that day.
- **Sixth minute:** Continue praying for your job.
- **Seventh minute:** Pray for the right attitude toward everyone you will meet.
- **Eighth minute:** Ask to be guided to the person with whom you will share your faith that day.
- **Ninth minute:** Pray for the salvation of the person with whom you will share your faith that day.
- **Tenth minute:** Pray for all your appointments during the day.
- **Eleventh minute:** Pray for your family members.
- **Twelfth minute:** Pray for your friends and loved ones.
- **Thirteenth minute:** Forgive those who have wronged you and pray for them.
- **Fourteenth minute:** Pray for your time management and that you make good use of it. Also, pray for your physical appearance to be modest and morally acceptable.
- **Fifteenth minute:** Ask the Lord to prepare your heart for unexpected events and people you may encounter that day. Finally, give thanks and praise to the Lord.



B. AT NOON

Prayer points for a fifteen-minute prayer session:

- **First minute:** Confess any sin you have committed since morning and consecrate yourself (unless you have overcome sin).
 - **Second minute:** Thank God for all that has happened since morning. Mention specific items and thank Him for answered prayers.
 - **Third minute:** Pray for your church assembly.
 - **Fourth minute:** Pray for your spiritual leader.
 - **Fifth minute:** Pray for five people who have not yet believed.
 - **Sixth minute:** Pray for the next five people on your list who have not yet believed.
 - **Seventh minute:** Pray for five believers.
 - **Eighth minute:** Pray for five backsliders.
 - **Ninth minute:** Pray for two organizations or ministries serving the Lord's interest in your country or anywhere else in the world.
 - **Tenth minute:** Pray for the ministry you are a part of physically or financially.
 - **Eleventh minute:** Continue praying for the ministry you are a part of.
 - **Twelfth minute:** Pray for an unevangelized area or country.
 - **Thirteenth minute:** Pray for your nation's leaders (political).
 - **Fourteenth minute:** Pray for your spouse, job, business, health, etc.
 - **Fifteenth minute:** Thank the Lord for the privilege of praying and this prayer session. Sing a song unto the Lord.
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C. IN THE EVENING

Prayer points for a fifteen-minute prayer session:

- **First minute:** Confess all sins committed in thoughts, words, and deeds since afternoon and consecrate yourself (unless you understand the gospel of liberty).
- **Second minute:** Pray for your spiritual growth, including grace to understand the Bible, prayer, and fasting.
- **Third minute:** Pray for any outstanding needs in your spiritual progress, including difficulties with your ministry. Pray for all the gifts that contribute to your ministry to manifest fully.
- **Fourth minute:** Pray for your financial life and investments.
- **Fifth minute:** Pray for your children.
- **Sixth minute:** Praise God for who He is. Thank Him for what He has done.



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- **Seventh minute:** Pray for personal ministry to the Body of Christ, which includes exhortation, encouragement, and giving to the brethren.
 - **Eighth minute:** Pray for personal ministry to the world, which includes evangelism and giving to the needy.
 - **Ninth minute:** Pray for guidance about expanding personal ministry.
 - **Tenth minute:** Pray for your children's studies, characters, and how they choose their friends.
 - **Eleventh minute:** Pray for your spouse's spiritual growth, including their personal ministry, fruits of the Spirit, etc.
 - **Twelfth minute:** Pray for your friend's or loved one's ministry.
 - **Thirteenth minute:** Pray for extended family members.
 - **Fourteenth minute:** Pray for laborers in your church assembly. Pray for the enemies of your ministry and the gospel. Pray that their evil schemes will not prosper.
 - **Fifteenth minute:** Pray for supernatural encounters with God. Thank Him for the day. Write down the key things to be remembered.
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D. AT NIGHT

Prayer points for a fifteen-minute prayer session:

- **First minute:** Thank God for all that was accomplished during the day and sing a song unto the Lord.
- **Second minute:** Pray for signs to follow your ministry, such as deliverance from demons or healing by you or your local church.
- **Third minute:** Pray for signs to follow the ministry of your spouse.
- **Fourth minute:** Pray for signs to follow the ministry of another minister.
- **Fifth minute:** Pray for your marriage.
- **Sixth minute:** Pray for the healing of some believers.
- **Seventh minute:** Pray for any material projects you are involved in.
- **Eighth minute:** Pray for the healing of some unbelievers.
- **Ninth minute:** Pray for Bible translating and producing organizations, Christian literature production, or Christian bookshops.
- **Tenth minute:** Pray for any financial needs.
- **Eleventh minute:** Pray for the gospel's advancement in Hindu countries and China.
- **Twelfth minute:** Pray for the gospel's advancement in an Arab country.
- **Thirteenth minute:** Pray for peace in your country and any country at war.
- **Fourteenth minute:** Pray for the gospel's advancement in an unreached tribe like the Pygmies.



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- **Fifteenth minute:** Thank God for the blessings received in Christ. Give thanks for the protection and blessings throughout the day. Commit yourself and your loved ones to the Lord for protection throughout the night.